PLEASE DO NOT DROP INTO THE MAIL SLOTS

MINUTES OF THE REGULAR MONTHLY MEETING OF THE BOARD OF DIRECTORS SEAL BEACH MUTUAL FIVE

August 17, 2022

The Regular Monthly Meeting of the Board of Directors of Seal Beach Mutual Five was called to order by President DeRungs on Wednesday, August 17, 2022 at 9:01 a.m. followed by the Pledge of Allegiance led by President DeRungs via Zoom/Video Conference Call and Conference Room B.

ROLL CALL

Present:

President DeRungs, Vice President Murphy, Chief Financial

Officer Cude, Director Gould, Director Powell, and Director

Shannon (all directors via zoom)

Absent:

Secretary Gardner

GRF Representative:

Mr. Thompson (via zoom)

Guests:

One Mutual Five Shareholders (via zoom)

Staff:

Ms. Sedgwick, Executive Director (via zoom)

Mr. Meza, Building Inspector Ms. Barua, Portfolio Specialist Ms. Vasquez, Recording Secretary

SHAREHOLDER COMMENTS

One Mutual Five Shareholder made a comment.

GUEST SPEAKER

Ms. Sedgwick introduce herself as Executive Director and provided an update on turf rebates. Physical Property Manager Kevin Black is the point of contact for the turf rebate program.

Following questions, Ms. Sedgwick left the meeting at 9:35 a.m.

MINUTES

The Regular Meeting Minutes of July 20, 2022 were approved by general consent of the board to stand as presented.

GRF REPRESENTATIVE'S REPORT

GRF Representative Thompson presented his report (attached).

Following questions Mr. Thompson left the meeting at 9:33 a.m.

BUILDING INSPECTOR'S REPORT

Building Inspector Meza presented his report (attached).

Following questions, Mr. Meza left the meeting at 9:45 a.m.

UNFINISHED BUSINESS

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Rule 05-7111-1 - Rules of Conduct; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Fees 05-7111-2 - Rules of Conduct-Fines; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Rule 05-7557-1 – <u>Caregivers</u>; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Rule 05-7210-1-<u>Election Rules</u>; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Rule 05-7403-1-<u>Building Alterations or Additions;</u> the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify adopted Rule 05-7403.6-1 – <u>Ceiling Fans and Microwave Ovens</u>; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to ratify rescinded policies 7557 — <u>Caregivers</u>, 7401 – <u>Contractor License</u>, 7401.1 – <u>Licensed and Insured Contractors List</u>, 7402.05 — <u>Working Hours</u>, 7404 — <u>Notification of Remodeling</u>, 7441.05 — <u>Building Permit Signature</u>, 7403 — <u>Building Alterations or Additions</u>, 7403.6 — <u>Microwave Ovens</u>, 7403.7 — <u>Ceiling Fans</u>, and 7210.05 — <u>Annual Elections</u>; the 28-day posting requirement has been met.

The MOTION passed with ROLL CALL vote.

NEW BUSINESS

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was

RESOLVED to acknowledge, per the requirements of the Civil Code Section 5500(a)-(f), a review of the reconciliations of the operating and reserve accounts, operating revenues and expenses compared to the current year's budget, statements prepared by the financial institutions where the Mutual has its operating and reserve accounts, an income and expense statement for the Mutual's operating and reserve accounts, the check registers, monthly general ledger, and delinquent assessment receivable reports for the month of July 2022.

The MOTION passed with ROLL CALL vote.

August 17, 2022

Following a discussion and upon a MOTION duly made by Director Gould and seconded by Vice President Murphy, it was,

RESOLVED to approve the transfer of the 2021 Excess Income in the amount of \$64,814 identified in the Mutual 05 2021 Audit Report to the following accounts: \$44,814 to the Contingency Operating Funds Reserves; and, \$20,000 to the Emergency Reserves; and instruct the GRF Accounting Department to record the transfers.

The MOTION passed with ROLL CALL vote.

SECRETARY / CORRESPONDENCE

No correspondence received.

CHIEF FINANCIAL OFFICER'S REPORT

Chief Financial Officer Cude presented his report (attached).

PRESIDENT'S REPORT

President DeRungs provided an update.

PORTFOLIO SPECIALIST'S REPORT

Recording Secretary Vasquez presented the Portfolio Specialist's Report (attached).

ANNOUNCEMENTS

NEXT MEETING: Wednesday, September 21, 2022, at 9:00 a.m. via Zoom/Video Conference Call and Conference Room B.

Director Powell left the meeting at 10:28 a.m.

COMMITTEE REPORTS

Landscape

No report was presented.

Physical Property

No report was presented.

Laundry Rooms/Emergency Information

No report was presented.

DIRECTORS' COMMENTS

No Directors made comments.

ADJOURNMENT

President DeRungs adjourned the meeting at 10:31 a.m. and announced that there would be an Executive Session following the meeting to discuss members issues.

EXECUTIVE SESSION SUMMARY

The Board met in Executive Session on Wednesday, August 17, 2022, at 10:47 a.m., and took the following actions:

The board approved the Regular Executive Session Minutes of July 20, 2022.

- 1. Legal Matters
 - a. One legal matter was discussed.
- 2. Contracts
 - a. No contracts were discussed.
- 3. Assessments / Delinquencies
 - a. Several letters were drafted.
 - b. No accounts to monitor.
 - c. No accounts were closed.
- 4. Disciplinary Hearings
 - a. No disciplinary hearing occurred.

The Executive Session was adjourned at 12:01 p.m.

Attest, Laura Gardner, Secretary

SEAL BEACH MUTUAL FIVE

KV 08/17/22 Attachments

INSPECTOR MONTHLY MUTUAL REPORT MUTUAL: (05) FIVE INSPECTOR: Mike Meza **MUTUAL BOARD MEETING DATE:** August, 2022 PERMIT ACTIVITY GRF/CITY **PERMIT** Improvment UNIT # **DESCRIPTION OF WORK** COMP. DATE RECENT INSPECTION CONTRACTOR PERMIT ISSUE . Values вотн 117-J UNIT REMODEL 07/05/21 FINAL 04/11/22 02/20/22 \$135.200 JC KRESS MP CONSTRUCTION 121-G **NEW PATIO GRF** 08/30/21 02/20/22 \$0 FINAL 02/09/22 121-G UNIT REMODEL вотн 08/30/21 01/30/21 \$165,000 MP CONSTRUCTION FINAL 02/09/22 103-I KITCHEN REMODEL/WALL 11/15/21 01/20/22 \$41,250 FINAL 02/15/22 LOS AL BUILDER **BOTH** 91-F FLOORING THRU OUT 12/08/21 01/08/22 \$8,630 FINAL 02/09/22 FAMILY FLOOR **GRF** 109-E PATIO FLOORING **GRF** 12/13/21 01/30/22 \$875 FINAL 02/03/22 LW DÉCOR 115-J SOLA TUBE/ WINDOWS **BOTH** 12/13/21 03/30/22 \$13,500 FINAL 03/30/22 MP CONSTRUCTION 126-K **HEAT PUMP** вотн 12/15/21 03/15/22 \$3,800 FINAL 02/09/22 GREENWOOD 117-C **FLOORING GRF** 12/30/21 01/30/22 \$800 FINAL 05/11/22 KARYS CARPET 91-A **CEILING FAN GRF** 01/11/22 01/18/22 \$0 FINAL 02/18/22 BERGIN ELECTRIC 98-D **HEAT PUMP BOTH** 01/19/22 04/19/22 \$4,050 FINAL 03/03/22 **GREENWOOD** 01/22/22 FINAL 05/11/22 96-L ICE MAKER LINE **GRF** 01/19/22 \$200 OGAN CONSTRUCTION 105-D RETRACTABLE SCREEN **GRF** 01/27/22 02/27/22 \$750 FINAL 02/18/22 **NATIONWIDE** 117-G CARPET FLOORING **GRF** 01/30/22 03/01/22 \$1,400 FINAL 02/03/22 KARYS CARPET PATIO CARPET GRF 03/01/22 \$1,400 FINAL 02/28/22 KARYS CARPET 113-H 02/01/22 **GRF** FINAL 07/01/22 115-J **ENTRY DOOR** 02/01/22 05/31/22 \$600 LW DÉCOR 120-K SHOWER CUT DOWN **BOTH** 02/07/21 03/07/22 \$2,815 FINAL 03/03/22 NUKOTE 112-D SHOWER CUT DOWN **BOTH** 02/09/21 03/09/22 \$3,695 FINAL 03/04/22 NUKOTE 123-K **UNIT REMODEL** вотн 02/10/22 08/10/22 \$50,000 FINAL 06/28/22 NATIONWIDE 115-I **HEAT PUMP BOTH** 02/14/22 05/14/22 \$3,800 FINAL 04/05/22 **GREENWOOD** SHOWER CUT DOWN 108-C **BOTH** 02/14/21 03/14/22 \$2,815 FINAL 05/11/22 NUKOTE 119-J **MICROWAVE BOTH** 02/14/22 02/28/22 \$745 FINAL 03/28/22 OGAN CONSTRUCTION 91-A WASHER/DRYER FLOORING **BOTH** 02/15/22 05/30/22 \$10.550 waiting on contractor **BA CONSTRUCTION** 107-E **FLOORING GRF** 02/15/22 03/30/22 \$3,700 FINAL 03/01/22 KARYS CARPET 117-D WASHER/DRYER FLOORING вотн 02/18/22 04/30/22 \$8,080 FINAL 04/11/22 LOS AL BUILDER 109-D **ELECTRICAL OUTLETR BOTH** 02/21/22 05/30/22 \$250 FINAL 07/01/22 MP CONSTRUCTION 102-F **ENTRY WALK WAY GRF** 02/22/22 03/31/22 \$1,025 FINAL 03/31/22 BERGKVIST 115-D PORCH FLOORING **GRF** 02/28/22 03/30/22 \$3,000 FINAL 03/07/22 KARYS CARPET 117-L FLOORING THRU OUT **GRF** 02/28/22 04/30/22 \$7,600 FINAL 04/30/22 KARYS CARPET 04/05/22 **GRF** 03/05/22 FINAL 04/05/22 93-A **CEILING FAN CUT OUT** \$750 UNIVERSAL ABATEMENT **GRF** FINAL 03/31/22 123-K **UNIT ASBESTOS REMOVAL** 03/08/22 03/31/22 \$3,200 SIRRIS ABATEMENT 72-G PATIO ELECTRICAL OUTLET **BOTH** 03/10/22 05/10/22 \$350 FINAL 07/01/22 LW DÉCOR 103-G KITCHEN REMODEL **BOTH** 03/12/22 05/30/22 \$28,540 FINAL 05/17/22 LOS AL BUILDER 111-L SHOWER VALVE **BOTH** 03/10/22 03/17/22 \$1,685 FINAL 03/20/22 A-1 TOTAL SERVICE 103-H HEAT PUMP **BOTH** 03/14/22 06/14/22 \$3,600 FINAL 04/05/22 **GREENWOOD** 103-H FLOORING THRU OUT **GRF** 03/15/22 04/30/22 \$3,750 FINAL 04/30/22 KARYS CARPET 92-C **HEAT PUMP BOTH** 03/22/22 06/22/22 \$11,123 FINAL 04/05/22 GREENWOOD \$7,548 103-L CENTRAL AIR SYSTEM **BOTH** 03/25/22 06/25/22 FINAL 06/08/22 GREENWOOD 90-J **HEAT PUMP BOTH** 03/31/22 06/30/22 \$4,100 FINAL 04/11/22 GREENWOOD 110-F ADDED 3/4 BATH **BOTH** 04/01/22 08/31/22 \$15.900 **BA CONSTRUCTION** 118-D **FLOORING** GRF 04/11/22 05/31/22 \$3,295 FINAL 07/01/22 **B&B CARPET** 101-K ADDED SHOWER **BOTH** 04/11/22 05/11/22 \$15,104 REBORN CABINETS waiting on contractor 93-I PORCH ELECT. OUTLET **BOTH** 04/12/22 06/30/21 \$600 FINAL 05/10/22 MP CONSTRUCTION 111-F FLOORING THRU OUT GRF 04/20/22 05/20/22 \$8,000 FINAL 04/26/22 KARYS CARPET 115-J SLIDING DOOR вотн 04/20/22 07/30/22 \$2,150 FINAL 06/23/22 LW DÉCOR \$3,750 125-C **HEAT PUMP BOTH** 04/25/22 07/25/22 FINAL 05/26/22 **GREENWOOD** вотн 111-F **HEAT PUMP** 04/28/22 06/15/22 \$9,700 FINAL 05/17/22 **SWIFT HEATING & AIR** 102-I **COUNTER TOP BOTH** 05/01/22 07/30/22 \$6,000 FINAL 06/27/22 LW DÉCOR KARYS CARPET 104-B PATIO FLOORING **GRF** 05/01/22 06/01/22 \$3,000 FINAL 05/23/22 FLOORING THRU OUT GRF FINAL 06/30/22 109-K 05/09/22 06/30/22 \$6,390 **B&B CARPET** 122-B WINDOWS, DOORS, ELEC вотн 05/16/22 06/20/22 \$17,130 FINAL 05/25/22 OGAN CONSTRUCTION PATIO FLOORING **GRF** 05/16/22 07/08/22 FINAL 06/22/22 112-G \$3,283 BERGKVIST 119-J COUNTER TOP AND SINK **BOTH** FINAL 06/23/22 MP CONSTRUCTION 05/20/22 06/30/22 \$6,400 100-A KITCHEN REM, WAS/DRYER **BOTH** 06/10/22 11/30/22 \$35,500 **BA CONSTRUCTION** 122-B **FLOORING** 07/15/22 FINAL 06/28/22 KARYS CARPET GRF 06/15/22 \$4,725

	II.	ISPEC	CTOR M	IONTHI	LY MU	TUAL REPORT	
MUTUAL:	(05) FIVE					INSPECTOR:	Mike Meza
MUT	UAL BOARD MEETING DATE:	Augus	t, 2022				
70-F	COUNTERTOP KIT, BATH	BOTH	06/15/22	08/30/22	\$9,600	FINAL 07/29/22	MP CONSTRUCTION
113-A	WASHER/DRYER	BOTH	06/20/22	07/29/22	\$8,175	FINAL 08/02/22	VICKERS CONSTRUCTION
113-H	WINDOWS	BOTH	06/27/22	07/27/22	\$9,900	FINAL 07/27/22	VICKERS CONSTRUCTION
122-B	PATIO TILE	GRF	06/30/22	07/30/22	\$3,000	FINAL 08/10/22	KARYS CARPET
71-A	WINDOWS, SLIDER	BOTH	07/13/22	09/30/22	\$4,000		MP CONSTRUCTION
70-F	FLOORING	GRF	07/15/22	08/30/22	\$8,600		KARYS CARPET
100-D	HEAT PUMP	BOTH	07/21/22	08/21/22	\$4,800		ALPINE HEATING & AIR
95-L	BATHROOM FLOORING	GRF	07/22/22	08/30/22	\$9,500	ROUGH PLUMBING 08/09/22	JC KRESS
114-B	FLOORING	GRF	07/25/22	08/30/22	\$1,700	FINAL 07/26/22	KARYS CARPET
109-K	WASHER AND DRYER	BOTH	07/25/22	08/26/22	\$8,000	PLUM/FRAM/ELEC 07/27/22	MARCO CONSTRUCTION
126-A	FLOORING	GRF	07/30/22	08/30/22	\$5,118		KARYS CARPET
113-A	NEW SKYLIGHT	BOTH	08/01/22	09/30/22	\$3,635		M&M SKYLIGHTS
101-I	CENTRAL AIR SYSTEM	BOTH	08/09/22	09/09/22	\$10,400		ALPINE HEATING & AIR
101-l	SHOWER CUT DOWN	BOTH	09/27/22	10/28/22	\$5,116		NUKOTE

			E	SCROW	ACTIVIT	ГҮ			
Unit #	NMI	PLI	NBO	FI	FCOEI	ROF	ACTIVE	, CLOSING,	CLOSED
71-A		11/02/21	03/01/22	03/04/22	03/18/22	04/05/22	9	4	19
71-H		04/15/22	06/07/22	06/09/22	06/23/22	07/25/522			
91-A		11/08/21	12/28/21	12/28/21	01/12/22	02/12/22			
93-A		12/10/20							
94-J		03/03/22	04/13/22	04/20/22	05/04/22	05/31/22			
96-E		05/03/22	05/26/22	06/01/22	06/15/22	06/29/22			
98-H		06/01/22							
101-B		06/21/22							
101-I		07/09/21	03/10/22	03/10/22	109-K				
103-G		08/24/21							
103-H		05/13/22	5/25/22	05/25/22	06/09/22	06/28/22			
103-L		10/01/21	03/17/22	03/21/22	04/01/22	05/23/22			
105-D		09/30/20							
107-E		11/19/21	01/24/22	01/25/22	02/07/22	03/22/22			
108-A		06/21/22	07/21/22						
109-H		10/21/21	12/20/21	12/23/21	01/10/22	02/16/22			
109-K		05/17/22	06/28/22	06/28/22					
110-A		03/15/22	05/24/22	06/01/22	06/13/22	07/25/22			
110-C		10/27/20							
110-I	03/31/22								
111-F		11/05/21	02/10/22	02/10/22	02/23/22	03/09/22			
113-A		04/19/22	05/04/22	05/11/22	05/25/22	06/10/22			
113-H		02/23/22	03/22/22	04/07/22	04/21/22	06/23/22			
114B		07/26/22							
114-L		07/09/20							
115-I		01/05/22	02/09/20	02/09/20	02/24/22	03/22/22			
115-J		10/01/21	10/18/21	10/18/21	11/01/21				
116-K		02/18/22	04/14/22	04/14/22	04/27/22	05/27/22			
116-G		09/17/21	11/03/21	11/03/21	11/18/21				
117-G		02/18/22	03/09/22	03/14/22	3/28/22	05/27/22			
117-L		04/19/22	05/10/22	05/13/22	05/27/22	06/13/22			
118-D		04/26/22	07/01/22	07/11/22	07/25/22	08/11/22			
121-K		01/25/22	02/02/22	02/02/22	02/15/22	03/09/22			
123-K		10/21/21	10/26/21	11/03/21	11/18/21				

	INSPECTOR MONTHLY MUTUAL REPORT								
MUTUAL: (05) FIVE INSPECTOR: Mike Meza									
MUT	UAL BOARD MEETING DATE:	August, 2022							

	SHA	ADED AREAS HAVE BEEN SIGNED OFF							
	FI = Final Inspection	FCOEI = Final COE Inspection ROF = Release of Funds							
	CONTRACTS								
	CONTRACTOR	PROJECT							
J&J LANDSCAPE	AUGUST 8th 2025	Landscaping & Irrigation							
EMPIRE PIPE	DECEMBER 31st 2022	Annual inspection							
FENN	MAY 31st 2023	Pest and rodent control services							
ROOFING PROJECT		Buildings 70, 100, 101, 113, 120							
NOOF ING T NOOE OT		Start date: 09/06/2022							
	SPECIA	AL PROJECTS							
	Contractor	Discription of Work							
	SHAREH	OLDER AND MUTUAL REQUEST							
101-C Ceiling fan iss	ues	Inspect mutual sidewalks							
109-F Install water he	eater access panel	Building 113 inspect for insects							
70-C Basin stoppage		Meeting with Ken Cude and Linda DeRungs regarding concrete repair at building 100-F							
101-I Inspect porch	ceiling fan								
124-A Inspect entry s120-E Follow up with									
94-H Inspect for roof									
120-F Meet with shar									
109-K Unit issues									
98-H Porch issues									
118-K Bird nesting in									
124-A Inspect walk lig 70-F Toilet leak	gnt								
114-K Front door stic	kina								
	ation to insurance								
100-I No power at kit									

MUTUAL 5 -

JULY 31, 2022

FINANCIAL REPORT SUMMARY



Line No. **JULY Highlights:**

[Please refer to the Monthly Financial Statement (MFS) for more details and page Nos.]

- For the month of July Mutual 5 was <u>over</u> budget with Excess Expenses of (\$896). For the year to date, Mutual 5 is in a favorable financial position (under budget) with excess income of \$14,540 as shown on page 5 of the MFS. This reflects the GRF refund received in April of **\$16,270** of excess income for the year 2021 (page 3 of MFS).
- The three over-budget expense items: Electricity, Legal Fees and Property and Liability Insurance are still on track to even out at the end of the Budget year. And, the other over-budget account, Maintenance Replacements, was the highest month of the year at \$12,327, leaving a Reserve Fund balance of \$24,223.51 (page 8 of MFS). Our goal is to have a balance of \$22,541 at year end. All of the Reserve Accounts and the SRO Reports are monitored very closely each month for budget performance.

Water expenses are <u>over</u> budget by (\$257) for the month and (\$4,892) for YTD. Water costs in Leisure World for July was 13.6% higher that July, 2021. This includes a 12% rate increase that went into effect on 1-1-22. We all need to do our part to use water SUPER efficiently.

Please Use Water Wisely! The More WATER We Save, The More MONEY We Save!

Investment Portfolio: please see page 16 (hand written number at the bottom of page) of the MFS to see how the reserve Funds are invested. All of our available cash are in money-market accounts with a 0.005% interest rate.

ENDING BALANCE BANK ACCOUNTS

4	RESTRICTED RESERVES (acct ending9690)	1,605,867.15
5	NON-RESTRICTED RESERVES (acct ending3364)	332,080.20
6	CHECKING ACCOUNT (acct ending3181) adjusted for outstanding checks	41,408.47

ENDING BALANCE OF MAJOR RESERVES

	Times	Ending	S/H Contri		
	Types	Balance	Monthly	per unit	MFS Page No.
7	ROOFING After Project Commitments for 2022 ReRoofs	415,109.79	44,317.50	90.08	11
8	APPLIANCES	24,223.51	4,758.08	9.67	8
9	PAINTING	314,830.93	686.67	1.40	9
10	INFRASTRUCTURE	184,284.73	13,795.83	28.04	14
11	CONTINENCY OPERATING FUNDS	20,705.68	-	-	10
12	EMERGENCY RESERVES	68,825.57	-	-	12
		1,027,980.21	63,558.08	129.18	

INCOME AND EXPENSES

	From Monthly Financial Statement	July	July	July	2022 YTD	2022 YTD	
	Pages 4, 5, 17	Actual	Budget	Variance	Actual	Budget	MFS Page No.
13	MUTUAL TOTAL INCOME	210,341	209,776	565	1,466,781	1,468,432	5, 17
14	CONTRIBUTION TO RESERVES	63,558	63,559	(1)	444,907	444,913	4, 5, 17
15	EXPENSES *	63,038	61,581	(1,457)	431,131	431,067	4
16	EXCESS INCOME over(under) EXPENSES	(893)			14,540		5, 17

^{*} Operating Expenses Do Not include reserve funded projects or GRF Carrying Charges Transfer.

CONCRETE PROJECTS - (Jurado or SM or JJ) 2022

7/31/2022

Line # 16	Date of Work	Location	Project Cost	Date of Payments	Remarks
17	Dec. 2021	Carports 60, 61,62,63 - Pavement	121,275.00	11/17/21	1/12/22 (2nd payment)
18	Dec. 2021	Carport 63 Change Order - Pavement	5,643.75	1/12/22	
19	Mar. 2022	Concrete Walks: Bldgs. 102 to 112 *	96,055.00	6/6/22	Also Includes Bldgs. 108,109,110,111
20	Sept 2022	Concrete Walks: Bldg. 100*			Pending
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33			* Infrastructur	e Reserves for C	oncrete Walks/Drains for 2022
34		Total to Date:	96,055.00	2022 Budget: \$1	.00,000; balance available: \$3,945

	Fees Collected	Monthly Budget	Jul '22	Jun '22	May '22	Apr '22	Mar '21	Feb '22	Jan '22	Dec '21
35	Buyer's Premium	2,500	750	3,000	3,000	3,000	3,750	2,250	2,250	3,000
36	Inspection Fees	4,700	4,8 00	3,600	3,600	3,600	1,200	6,000	2,400	1,200
37	Transfer Fee									250

ROOFING PROJECTS 2020 Budget Year (Construction in February- March, 2021)

		Building No. and Type	Roof Type	Roof SQ	Cost (\$) per SQ	Contract Cost (\$)
38	69	2 Bedroom	Low Slope	153	798	122,094
39	71	Laundry Room - 2 Bedrooms	Low Slope	158	798	126,084
40	99	1 and 2 Bedrooms	Low Slope	123	798	98,154
41	102	Laundry Room - 2 Bedrooms	Low Slope	158	840	132,720
42		TOTAL				479,052
43						Avg Cost/Apt = \$9,980

	ROOF	ING PROJECTS 2021 and 22 Budget Year	(Start date: September 6, 2022 Finish 11-6-22)						
		Building No. and Type	Roof Type	Roof SQ	Cost (\$) per SQ	Contract Cost (\$)			
44	113	2 Bedroom	Low Slope	153	941	143,973			
45	120	1 and 2 Bedroom	Low Slope	123	941	115,743			
46	100	2 Bedroom	Low Slope	153	941	143,973			
47	101	2 Bedrooms	Low Slope	153	941	143,973			
48	70	2 Bedrooms	Low Slope	153	941	143,973			
49		TOTA	L	11,527.25		691,635			

Avg Cost/Apt = \$11,527

SUMMARY FOR REFERENCE—2022 OPERATING BUDGET



Line#

- 50 **EXPECTED MONTHLY M5 HOA Income: \$117,425.64** (\$238.67/month X 492 UNITS)
- 51 **M5 HOA** Cost per month per unit \$238.67 (increase of \$12.43) for year 2022
- 52 GRF HOA Cost per month per unit \$172.03 (increase of \$6.98) for year 2022

2022 OPERATING BUDGET

		Monthly-Average \$ per Unit	Yearly-Total \$ for 492 Units	Total \$ Change From 2021 to 2022
53	OPERATING EXPENSES	125.16	738,945	38,915
54	OPERATING INCOME	15.67	92,515	23,498
55	NET OPERATING COST	109.49	646,430	34,480
56	RESERVE FUNDING	129.18	762,697	38,915

2022 RESERVE FUNDING DISTRIBUTION

	Project	Monthly-Average \$ per Unit	Yearly-Total \$ for 492 Units	Total Dollar Change Per Unit per Month From 2021 to 2022	
	ADDI IANCE	0.67	F7 007		
5/	APPLIANCE	9.67	57,097	(2.25)	
58	PAINTING	1.40	8,240	1.40	
59	ROOFING	90.08	531,810	2.63	
60	INFRASTRUCTURE	28.04	165,550	6.18	
61	TOTAL	129.18	762,697	6.59	

^{*}See Appendix B of M5 Budget

2022 LANDSCAPING BUDGET

		Monthly-Average \$ per Unit	Yearly-Total \$ for 492 Units	Total \$ Change From 2021 to 2022	
62	LANDSCAPE-CONTRACT	29.70	175,349	5,432	
63	LANDSCAPE-EXTRAS	3.39	20,015	(59)	
64	LANDSCAPE-TREES	3.05	18,007	0	
65	TOTAL	36.14	213,371	5,373	

2022 SERVICE REQUEST ORDERS (SRO) BUDGET

	Average Monthly per Unit	Yearly Total for 492 Units	Total Dollar Change From 2021 to 2022	
66 STANDARD SERVICE	\$18.12	\$106,980	\$3,955	

1005 Seal Beach Mutual No. Five Financial Statement Recap 07/31/2022

P.O. Box 2069 Seal Beach CA 90740

Jul Actual	Jul Budget		 2022 Y-T-D Actual	2022 Y-T-D Budget
138,506	138,508	Carrying Charges	969,544	969,556
63,558	63,559	Reserve Funding	444,907	444,913
202,064	202,067	Total Regular Assessments	1,414,451	1,414,469
134	54	Financial Income	770	378
8,143	7,655	Other Income	51,560	53,585
8,277	7,709	Total Other Income	52,330	53,963
210,341	209,776	Total Mutual Income	1,466,781	1,468,432
84,639	84,639	GRF Trust Maintenance Fee	576,203	592,473
15,691	15,267	Utilities	113,984	106,869
586	694	Professional Fees	14,068	4,858
81	84	Office Supplies	210	588
30,646	31,341	Outside Services	190,205	219,387
16,034	14,195	Taxes & Insurance	112,664	99,365
63,558	63,559	Contributions to Reserves	444,907	444,913
211,235	209,779	Total Expenses Before Off-Budget	1,452,241	1,468,453
(893)	(3)	Excess Inc/(Exp) Before Off-Budget	14,540	(21)
14,046	0	Depreciation Expense	97,389	0
(14,940)	(3)	Excess Inc/(Exp) After Off-Budget	(82,849)	(21)
		Restricted Reserves		
(7,569)	0	Appliance Reserve Equity	24,224	0
687	Ō	Painting Reserve	314,831	0
0	0	Contingency Operating Equity	20,706	Ō
41,468	0	Roofing Reserve	415,110	0
0	Ō	Emergency Reserve Equity	68,826	Ō
13,796	0	Infrastructure Reserve	184,285	0
48,381	0	Total Restricted Reserves	1,027,980	0

PORTFOLIO SPECIALIST'S REPORT AUGUST 2022



In the summer heat a reminder to rest and cool down in the shade, minimize direct exposure to the sun and stay hydrated, drink plenty of water and reduce the intake of sugar. **Don't wait until you feel thirsty!**

Slow down: reduce, eliminate, or reschedule strenuous activities until the coolest time of the day.

Dress for summer: Wear lightweight, loose fitting, light-colored clothing to reflect heat. Avoid extreme temperature changes.

Hot weather brings out the thirsty, hungry critters!

- We must not feed wildlife. Bird feeders will attract rats, squirrels, and rabbits which will attract coyotes to your home.
- We must keep food, water, and trash off our patios. Keep pet food and water bowls inside and not on your patio.

Cats and small dogs **should never be allowed outside alone.** Pets must always be accompanied by their owner and must be on a 6-foot leash at all times while outside. Do not use a retractable leash.

Never leave pets unattended in vehicles LOOK before you LOCK!

RESIDENTIAL FOOD SCRAP COLLECTION NOTICE

Dear Valued Customer.

Athens Services is partnering with your community to implement food scrap collection. Per Senate Bill 1383, single-family home residents and multifamily complexes across California will be required to place into their green waste container ALL of their landscaping waste, food scraps, and food-soiled paper (100% fiber-based).

WHAT'S CHANGING? You will be able to use your green organics container for the collection of landscaping waste, food scraps, and 100% fiber-based, food-soiled paper.

DID YOU SAY FOOD SCRAPS? Yes, Athens will accept all types of food scraps. Our American Organics compost facility converts organics waste into nutrient-rich soil amendment. The resulting compost is used by commercial farmers, city projects, garden shops, landscapers, and residents.

HOW DO I PARTICIPATE? To collect your kitchen food scraps, you can choose to use a portable, reusable pail-like container with a tight fitting lid. It could be plastic, metal, or ceramic. Pail options can be purchased or consider reusing a coffee canister, large yogurt or margarine tub, or juice pitcher. Storage ideas can include the kitchen counter, under the sink, in the freezer, or wherever you feel is best.

WHY ORGANICS RECYCLING? Landfills are the third largest source of methane in California. Organics waste emits 20% of the state's methane. By diverting organics from the landfill, you are part of the solution in helping to protect the environment and future generations.

ARE BAGS ACCEPTED? Liners are optional. Plastic and bioplastic "compostable" bags are accepted in the organics container, but must be CLEAR or translucent-green, and bag contents must be visible. Acceptable organics will be processed, but the bags will not be recycled or composted.

WHERE CAN I GET MORE INFORMATION? Athens is here to support the community with this new program and will provide resources and training to help you get started. If you have any questions about the new organics collection program, please contact the Athens Customer Care Center at (888) 336-6100 or visit AthensServices.com/Food.



Scan for more resources

PARTICIPATING IS EASY AS 1-2-3



1. FILL

Fill your pail with food scraps and acceptable items. (Liners are optional. Consider newspaper or a paper bag. Plastic bags must be clear.)

2. EMPTY

Empty pail contents into your green organics container.





3. RINSE & REPEAT

Rinse out pail with soap and water. Fill again. Sprinkle lightly with baking soda to absorb odors.

Athens Tip: Store meat and dairy scraps in a container in your freezer and place in the green organics container on collection day.

ACCEPTABLE ORGANICS WASTE

GREEN WASTE

- · Flower & hedge trimmings
- · Grass clippings
- · Leaves & branches
- Lumber, scrap wood, & plywood (not painted or treated)
- Weeds

FOOD SCRAPS

- · Bread, rice, & pasta
- Cheese & dairy
- · Coffee grounds & filters
- · Fruits & vegetables
- · Flowers & herbs
- Meat, bones, & poultry
- Seafood & soft shells
- Pet food (non-medicated)

FOOD-SOILED PAPER*

- · Food-stained paper
- · Paper egg cartons
- Paper napkins & kitchen towels
- Pizza boxes
- Plates
- To-go boxes (no coating)
- Wooden & fiber-based utensils

O DO NOT INCLUDE

- All plastics
- Cacti, succulents, & vucca
- Compostable plastics (bioplastics)
- · Coffee cups & pods
- · Fats, oils, & grease
- Food stickers (please remove)
- Gloves
- Hard shells (clams, mussels, oysters)
- Medication

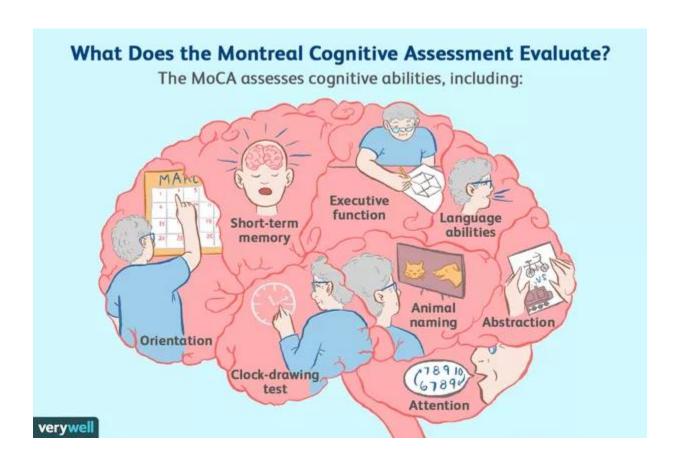
- Palm fronds
- Paper napkins & towels with cleaning chemicals
- Parchment & wax paper
- · Pet waste
- · Rocks & soil
- Rubber bands & twist ties
- · Tea bags
- Textiles
- · Tissues & wet wipes

^{*}Must be 100% fiber-based. NO materials with petroleum based plastic, wax, or bio-plastic coating, liner, or laminate.



The Montreal Cognitive Assessment (MoCA) helps assess people for dementia. It is a 30-question test that takes around 10 to 12 minutes to complete.

Here's a look at what the MoCA includes, how it's scored and interpreted, and how it can assist in identifying <u>dementia</u>.



Assessment

The MoCA checks different types of cognitive or thinking abilities. These include:

- Orientation: The test administrator asks you to state the date, month, year, day, place, and city.
- Short-term memory/delayed recall: Five words are read. The test-taker is asked to repeat them. After completing other tasks, the person is asked to repeat each of the five words again. If they can't recall them, they're given a cue of the category that the word belongs to.
- Executive function/visuospatial ability: These two abilities are checked through the Trails B Test. It asks you to draw a line to sequence alternating digits and letters (1-A, 2-B, etc.). The test also asks you to draw a cube shape.
- Language: This task asks you to repeat two sentences correctly. It then asks you to list all the words in the sentences that start with the letter "F."
- Abstraction: You are asked to explain how two items are alike, such as a train and a bicycle. This checks your abstract reasoning, which is often impaired in dementia. The proverb interpretation test is another way to measure these skills.

It is important that this test is done in the patient's first language to be accurate.

Scoring

Scores on the MoCA range from zero to 30. A score of 26 and higher is considered normal.

In the initial study data, normal controls had an average score of 27.4. People with mild cognitive impairment (MCI) scored an average of 22.1. People with Alzheimer's disease had an average score of 16.2.

The scoring breakdown is as follows:

- Visuospatial and executive functioning: 5 points
- Animal naming: 3 points

Attention: 6 pointsLanguage: 3 pointsAbstraction: 2 points

Delayed recall (short-term memory): 5 points

• Orientation: 6 points

• Education level: 1 point is added to the test-taker's score if they have 12 years or less of formal education

Usefulness

The MoCA helps health professionals determine quickly whether someone's thinking ability is impaired. It also helps them decide if an in-depth diagnostic workup for <u>Alzheimer's disease</u> is needed.

It may help predict dementia in people with <u>mild cognitive</u> <u>impairment</u> (MCI). Because it tests for executive function, it is more sensitive in this regard than the MMSE.² Finally, it's been shown to better identify cognitive problems in people with <u>Parkinson's disease</u>.³

Advantages vs. Disadvantages

The MoCA is brief, simple, and reliable as a screening test for Alzheimer's disease. It checks executive function, an important part of dementia that's not measured by the MMSE. Unlike the MMSE, it is free for non-profit use.

The MoCA is available in more than 35 languages. Versions that test people with hearing loss and vision impairment have also been developed.⁴

A disadvantage of the MoCA is that it takes a little longer than the MMSE to administer. It should also be used with multiple other screenings and tests to diagnose dementia.

Summary

Early diagnosis of mental decline is important. The MoCA is a 30-item test that allows healthcare providers to find out how well a person's thinking abilities are functioning.

The test checks language, memory, visual and spatial thinking, reasoning, and orientation skills. Using it, healthcare providers can quickly determine when someone might need fuller testing for Alzheimer's or dementia.

Does the MoCA test your short-term memory?

Yes, this is known as the short-term memory/delayed recall section of the MoCA. The person taking the test is read five words, and then repeats them aloud. After a few other tasks of the MoCA have been completed, the person is asked to repeat the five words from earlier. If they cannot remember the words, they are given a hint of their category.

Are there different types of cognitive function test?

Yes, there are different kinds of cognitive function test. In addition to the MoCA, other common tests include the Mini-Mental State Exam (MMSE) and the Mini-Cog. These work similarly to the MoCA but are intended for slightly different purposes; the MoCA is generally meant for mild cognitive impairment, while more serious cognitive issues might be more easily found using the MMSE.⁵

Forgetfulness or Something More?

Special Event for Seal Beach Leisure World

August 27th 8:30 to 4:30

By appointment only. Call 844-373-4400

What is a Memory Screening?

A memory screening is a wellness tool that helps identify

possible changes in memory and cognition.

Do you have:

- Trouble coming up with a word or a name
- Trouble remembering important dates or events
- Problems remembering names when introduced to new people
- Trouble remembering what you just read or heard
- Problems losing or misplacing things
- Trouble planning or organizing
- Noticeably greater difficulty performing tasks in social and occupational settings

If you said yes to any of the above, consider having a memory screening.